



*To progress you need a Goal,
you need a Horse,
you need a Plan,
and you need good Coaching to execute that Plan.*

The 2024 LTED Jumping Program is designed to develop the skills of riders and their horses over fences, and to promote participation and progression in competition within the province.

Program Design

All riders will attend **two** training camps. Each camp includes two days of training and one lecture. Riders can choose to attend their **two** camps either in Moncton or Geary:

Moncton Training Camp Days at Carmaz Stables, 45933 Homestead Rd River Glade, NB

- June 1-2
- July 20-21


Geary Training Camp Days at Geary Hill Stables, 31 New Road Geary, NB

- June 8-9
- July 13-14

Riders are expected to be in attendance for the entire clinic. Much will be learned by watching the other lessons.

There will also be an unmounted lecture with Jen Hamilton on one day of the two-day clinic.
Topics covered: goal setting and walking courses.

 All participants must be NBEA members and have an appropriate horse or pony.

 Biosecurity: All participating horses must have proof of vaccinations (flu, rhino, strangles) and Coggins test valid for 2024

Registration fee: \$240.00 for two 2-day camps

LTED Goals - All Riders:

Short-term objectives at training camps:

- set achievable goals for the competition season
- design practice plans and exercises to show progression

Long-term objectives for the season:

- improve the consistency of performance at current level
- compete or move up a competitive level as appropriate

LTED Goal: All Coaches

Coaches are *strongly* encouraged to attend with their student for mentoring opportunities with the LTED coaches. The goal is to engage coaches attending with their students to help them improve their eye, to expand their repertoire of exercise, to better analysis performance, and to participate in building a program to advance both the student and horse.

Tier 1 (Development Stage)

- **riders with limited experience jumping**
- **riders with limited or no competition experience**
- **experienced riders with green horses**
- **introduction & support for first-time competitors at hunter/jumper competitions**

Tier 1 will focus on riders who are new to the discipline. These may be riders who are jumping in their regular lesson program but have not competed OR have limited experience in a Hunter/Jumper show. Also open to more experienced riders who are bringing along green horses. Participants will participate in 2 training camps – with the goal of attending a minimum of one EC sanctioned hunter/jumper show in 2024.

These clinics are in addition to the rider's regular lesson program with their own coach and will be designed specifically to introduce riders to new jumping exercises and variety of obstacles in preparation for competition. Riders ready to compete will be supported with coaching at their first show of the season.

Riders should have a Rider Level or Pony Club level. Those without will be given the opportunity to test for a Rider Level later in the summer.

Tier 2 (Training Stage)

- **riders must be eligible to train and compete at 0.90M (3'0) or above.**
- **are actively training and have competition experience**
- **are looking to enhance their training experience and improve competition results and/or move up a level**

Riders are expected to be taking regular weekly lessons with their own coach, a certified and current Competition Coach or Competition Coach Specialist.

Riders should have a Rider Level or Pony Club level and be preparing to be evaluated for the next level by the end of the summer. Support will be provided. (Riders without are expected to be ready to challenge Rider Level 3 or higher by the end of the summer.)

Camp Coach: Jen Hamilton



Jen Marsden Hamilton is an internationally renowned coach, certified at Canada's highest level. She has travelled throughout Canada, New Zealand, Australia, and Kenya to coach, training riders from grassroots to elite athletes to international team members, for over 45 years.

Jen developed and wrote the National Coaching Certification Program's (NCCP) Level III Jumper, becoming the first coach to achieve that certification. After sport-specifying the NCCP's Level IV program for Jumper coaches, she became the first person to achieve that level.

Jen is the author of two books, including her very popular *Stride Control: Exercises to Improve Rideability, Adjustability, and Performance*.

- **Registration Fee – both Tiers - \$240 for two 2-day camps**
- The number of riders accepted to each level will be dependent on experience of candidates and the number of applicants.
- **Registration Forms and Fees** must be submitted to nbeaeditor@gmail.com.
- **Deadline for registration Tuesday, MAY 21, 2024**
- **Refunds:** May be provided on submission of a veterinary certificate or doctor's note. The refund will be pro-rated based on which components of the program have been completed.
- If you have any questions, please contact deannaphelan@gmail.com or (506) 461-1649.
- Riders who may be interested in participating in LTED program for multiple disciplines should contact the NBEA for information on possible options – horses@nbnet.nb.ca

All riders are represented on the following diagram.

Where are you?

Come and get involved in the jumper program and continue your journey on the LTED pathway

Long-Term Equestrian Development at a Glance

Stage	Active Start	FUNDamentals	Learn to Train	Train to Train	Learn to Compete	Train to Compete	Learn to Win	Train to Win	Active for Life	
Chronological age Years in Equine Cumulative Years	0–6 years	6–9 years 0–3 years 2+ years	8–12 years 1–4 years 3+ years	11–15 years 2–4 years 4+ years	14–18 years 2–4 years 5+ years	16–21 years 2–4 years 6+ years	19–25 years 4+ years 8+ years	23 years plus 4+ years 10+ years	Enter at any age Ongoing Ongoing	
Equine Sport	Riding	Disciplines								
		Para-Dressage							Paralympic Games, FEI World Equestrian Games	
		Dressage							Olympic Games, FEI World Equestrian Games, Pan American Games	
		Reining							FEI World Equestrian Games	
		Jumping							Olympic Games, FEI World Equestrian Games, Pan American Games	
		Eventing							Olympic Games, FEI World Equestrian Games, Pan American Games	
		Endurance							FEI World Equestrian Games	
		Vaulting							FEI World Equestrian Games	
		Driving							FEI World Equestrian Games	
									Para-Driving	
Skill Development	Develop basic movement skills, with exposure to equine environment. Little to no riding.	Horse familiarization. Horse and barn safety. Introduction to riding, with exposure to English, Western, Vaulting and Driving.	Develop foundation riding skills in multiple disciplines. Introduction to fun, local, competitions. Encourage participation in other sports.	Focus on 2 disciplines (complementary). Develop physical capacity of equestrian. Continued skill improvement, and understanding of horse behaviour.	Select primary discipline and develop competition skills. Greater emphasis on physical and psychological preparation and horse management.	Develop ability to ride multiple horses at competitive level. Greater responsibility for horse preparation for competition. Manage travel and environment.	Ability to ride multiple horses in competition on demand and under pressure. International travel with horses. World class riding skills.	Ability to peak for major competitions. World leading riding skills, supported by exceptional fitness, psychological readiness and support team.	To meet the personal riding, health, fitness and social needs of the participants.	
Programs	Horse Day and First Involvement	Rider 1–2, Petit Trot	Rider 3–4	Rider 5–6	Rider 7–8, and P-TSO AD Program	Rider 9–10, and P-TSO AD Program	NSO AD Program. To be developed	NSO AD Program.	All levels of riding/vaulting & driving	
Instruction/Coaching	Instructor		Competition Coach		Competition Specialist		HP 1 Coach		Athlete choice	
Training per week	30–60 min.	Up to 100 min.	2 guided sessions	3 guided sessions	3–5 guided sessions	3–5 guided sessions	30–90 min/day		Athlete choice	
Competition	multiple horses, guided training as needed									
Training to Competition Ratio	InHouse/Fun days		InHouse – P-TSO	P-TSO/NSO	JR. YR/NSO	YR/Start International	PanAM	FEI	Athlete choice	
Equestrian Canada Athletes	90/10%		80/20%		70/30%		60/40%		Athlete choice	
							Long-List Athletes	Short List Athletes		